



\$5 QUICK BITES

Ham and Egg

Black forest ham and cheddar, on a sesame bagel, with a fried egg.

Sausage and Egg

Pork sausage and cheddar on a sesame bagel, with a fried egg.

Bacon and Egg

Smoked bacon and cheddar on a sesame bagel with a fried egg.

Vegan Quick Bite

Vegan sausage, with melted chao and a tomato slice on a sesame bagel.

Make it a Combo!

Add a coffee or tea and hashbrowns to any Quick Bite for only 4.00

SANDWICHES

Sandwiches include hashbrowns

Monte Cristo 14

Turkey breast and Black Forest Ham, with edam cheese between two thick slices of bread, dipped in egg.

Croque Monsieur 14

Black forest ham, and swiss cheese between two slices of french bread, topped with bechamel and edam cheese, and baked until brown and bubbly.

Sunshine Sammy 13

Fried Tofu, tomato, melted chao, lettuce and vegan garlic aioli, on toasted french bread.

Smokey Maple Bacon 11

Thick cut maple bacon with fried egg, tomato, greens, red onion and our maple mustard aioli.

The Stack 16

Bacon, ham, egg, and turkey, with melted cheddar and swiss cheese, tomato and a fried hashbrown, on toasted french bread.

Veggie Stack 14

Fried Tofu, tomato, spinach, melted chao, fried hashbrown patty, and vegan chipotle aioli, on toasted french bread

Morning After 14

Fried sausage, egg, cheddar cheese, lettuce and tomato, with chipotle mayo on toasted french bread.

SIDES

Hashbrown Patty	2
Fruit Salad	4
Yogurt and Granola	5
Toasted French Bread	2.5

Bacon/sausage/ham	4
English Muffin	3
Toasted Bagel	3
Country Hashbrowns	4





FRUIT+GRAINS

- Oatmeal 4
Hot oatmeal, served with cream, brown sugar and maple syrup
- Yogurt Parfait 7
Honeyed Greek yogurt with our in-house granola and fruit. Ask for today's flavour!
- Cold Cereal 4
Made in house, featuring different granola blends each week!

BENNY BAR

Bennys include hashbrowns

- Eggs Benedict 16
Black forest ham, poached eggs, and hollandaise, on a toasted english muffin

- Eggs Blackstone 16
Pepper bacon and roma tomato, poached eggs and hollandaise.

- Eggs Provençale 15
Eggs poached in our provençale sauce, made with garlic, onions, tomato and olive oil, served on english muffin.

- Eggs Florentine 15
Poached eggs, on sauteed spinach and onions, topped with hollandaise and crumbled feta.

THE SWEET SIDE

Sweet Side Items come with Hashbrowns

- Berry waffles 13
Belgian waffles, topped with fresh berries, berry coulis and sprinkled with icing sugar. Served with whipped cream.

- Hotcakes 10
Fluffy pancakes served with butter and maple syrup. Tall stack +3

- Salted Caramel Waffles 12
Belgian waffles, drizzled with a buttery caramel sauce, and topped with flakes of maldon sea salt. Served with whipped cream.

- Cinnamon French Toast 14
Two pieces of our super-thick french bread, dipped in egg, and dusted with icing sugar. Served with butter, maple syrup and whipped cream.

BEVERAGES

- Coffee 3
- Tea 2
Orange Pekoe, Green, Earl Grey, Chamomile, Peppermint
- Juice 3.5
Apple, Orange, Cranberry, Pineapple, Grapefruit
- Soft Drinks 2.5
Brisk, Barq's Root Beer, Canada Dry, Coke, Diet Coke, Sprite

LIGHT FARE

- Mini Breakfast 6
1 egg., 2 strips of bacon and toasted french bread
- Fruit and Bagel 5
A toasted bagel and a side of fruit salad
- 2-2-2 Breakfast 7
2 eggs, 2 bacon or sausage or ham, two pieces of toast.

